



SANITATION PACIFIC AND TIMOR-LESTE HEALTH AND NUTRITION



A partnership committed to ending extreme poverty by 2030

# ‡ABOUT PACIFIC AND TIMOR-LESTE ‡

THE PACIFIC REGION - ENCOMPASSING PAPUA NEW GUINEA, THE SOLOMON ISLANDS, VANUATU AND TIMOR-LESTE - IS HOST TO DIVERSE CULTURES, LANDSCAPES AND NEEDS.

Whilst the area has a wealth of natural reserves, it is beset by extreme poverty. Isolated, dispersed populations make the provision of even basic services difficult and expensive. The private business sector is small with large, informal economies, whilst violence at community level limits women's access to financial and leadership opportunities. Economic growth is not keeping pace with high population growth, and there are challenges accessing timely healthcare, particularly for women and children, including lack of adequate child nutrition. It is also one of the most environmentally volatile places on the planet, prone to natural disasters including cyclones, storms, earthquakes and volcanic activity.



#### TIMOR-LESTE

Aileu Baucau Covalima Bobonaro

#### **PAPUA NEW GUINEA**

East Sepik Madang Bougainville Morobe Western Provi

Western Province Port Moresby

#### SOLOMON ISLANDS VANUATU

Guadalcanal Shefa
Makira Tafea
Malaita Penama
Temotu Malampa
Central Islands Sanma

# WORLD VISION IN THE PACIFIC

World Vision has – because of the commitment and generosity of our donors – been serving across the Pacific and Timor-Leste for more than 30 years.

In that time, we have developed a strong understanding of local culture, society, government and community. Due to our commitment to the people of the region, we have become the largest non-governmental organisation operating there.

Since 2011, our work has directly benefitted 212,133 people (including around 79,660 children) in the Pacific and Timor-Leste. We are fighting the major causes of poverty by addressing diseases like tuberculosis through a strict treatment regime and improved nutrition, which has seen a 74 percent tuberculosis treatment success rate in Papua New Guinea. In the last two years, treatment success rates have shown noticeable improvement. In our efforts to improve hygiene, we have built and upgraded 533 water points and trained 47,000 people in better hygiene practices. In Vanuatu, there has been a 33 percent increase in referrals to support services for people that have experienced gender-based violence. The work goes on.





# **‡INITIATIVE GOAL**

TO CREATE HEALTHIER FUTURES FOR WOMEN, CHILDREN AND COMMUNITIES ACROSS THE PACIFIC AND TIMOR-LESTE

#### **IMPACT**

400,000 PEOPLE HAVE ACCESS TO CLEAN WATER AND IMPROVED SANITATION.
562,500 CHILDREN AND MOTHERS
EXPERIENCE IMPROVED NUTRITION AND PROTECTION FROM ILLNESS.

**INVESTMENT NEEDED** \$50 MILLION

**TIMEFRAME** 2019-2024 (PHASE 1

# THE WOMEN AND CHILDREN OF THE PACIFIC REGION DESERVE TO BE HAPPY, TO ENJOY BETTER HEALTH AND WELLBEING AND HAVE ACCESS TO THE ESSENTIAL SERVICES THEY NEED.

We can't let mothers and children in Papua New Guinea, Timor-Leste, Solomon Islands and Vanuatu get sick or die from preventable causes.

The 2030 Collective is committed to providing health, nutrition, water, sanitation and hygiene solutions across the Pacific and Timor-Leste. Our goal is to create a much brighter, healthier and happier future for the children, women and communities of the region.

# THE VISION

WORLD VISION AUSTRALIA
IS PRIVILEGED TO BE OF
SERVICE TO THE PEOPLE, AND
COMMUNITY OF THE PACIFIC
REGION AND TIMOR-LESTE.

Close friendships and productive partnerships have been formed over the many years we have been on the ground. We know the challenges the women, children and communities face. More importantly, we know these difficulties can be solved. Which is why we will not rest until these communities are free of the shackles of extreme poverty.

The 2030 Collective will lead the way, working collaboratively with governments, communities and other aid groups to realise the health, hope and happiness the women, children and communities deserve. We have successful projects currently underway. But to facilitate generational impact, we need to upscale our work across the region. Expert field analysis shows that to achieve our vision requires \$50 million.



In PNG, Community Health Volunteers make regular visits to remote communities.

# THE NEED

ACROSS THE PACIFIC REGION
THERE IS A CRITICAL NEED
FOR FUNCTIONAL HEALTH
SERVICES, CLEAN WATER AND
SANITATION SOLUTIONS AND,
COMMUNITY MOBILISATION
TO CHANGE CULTURAL NORMS
AND BEHAVIOURS.

Child malnutrition is taking its toll. Across the region, the average rate of stunted growth in children under five where World Vision works is 46.5 percent. A high number of maternal, newborn and child illnesses and deaths could be avoided by basic prevention strategies adopted by trained Community Health Volunteers.

Infection and disease are stealing the lives of the children of the region. Poor hygiene and sanitation practices cause many of the issues that children, families and broader communities face. So too gender violence, which is at epidemic proportions across the region. The issues are broad, deep and in desperate need of remedy.

# ON AVERAGE ACROSS THE PACIFIC AND TIMOR-LESTE:



70 PERCENT OF NEWBORN DEATHS IN PNG COULD BE PREVENTED.



32 PERCENT OF MATERNAL DEATHS IN PNG ARE FROM TREATABLE CAUSES.



46 PERCENT OF PACIFIC CHILDREN ARE AFFECTED BY STUNTING CAUSED BY POOR NUTRITION.



57 PERCENT OF WOMEN AND GIRLS IN THE PACIFIC HAVE SUFFERED GENDER-BASED VIOLENCE.

## THE PROGRAM

Our program is designed to benefit children, mothers and fathers in urban communities and remote rural villages across the Pacific and Timor-Leste. We will concentrate our efforts in districts where World Vision already has strong relationships with local leaders, government and our partner organisations. Our program includes seven key approaches:

#### 7-11 HEALTH STRATEGY

Focuses on evidence-based, cost-effective preventive practices (7 for pregnant women and 11 for children under two) addressing maternal and child mortality and illness. It includes areas such as nutrition and disease prevention, immunisation and better hygiene practices for mothers and children under five, being delivered to households by trained Community Health Volunteers.

#### **COMMUNITY-LED TOTAL SANITATION**

This is an education and awareness approach that motivates community members to construct their own toilets and practise improved hygiene. Randomised control trials have shown the approach can more than double the use of private toilets, significantly reducing the impact of hygienerelated illnesses.

#### GENDER AND ECONOMIC EMPOWERMENT FOR HEALTH

Access to financial services to help women cope better with unexpected expenses and to budget for crucial necessities like food, health and education. Financial services can also equip women to better deal with gender-based violence and make necessary investments to escape poverty – like establishing a small business.

#### **CHANNELS OF HOPE**

To end gender-based violence, World Vision mobilises faith and community leaders to confront harmful cultural practices and promote respectful relationships and safer communities.

#### DISASTER RISK REDUCTION

Initiatives to ensure local communities are equipped to prepare for, respond to and recover from the impacts of conflict, disasters and other humanitarian emergencies.

#### THE MenCare APPROACH

Working with men and women to improve family wellbeing, this program uses group education to empower them to reflect on gender norms, household workloads and decision-making at individual and relationship levels.

#### MOTHERS AND PARENTS GROUPS

Raising awareness of better nutrition practices amongst pregnant and breastfeeding mothers and their partners. Key messages are promoted during group information sessions run by Community Health Volunteers.

# With help from World Vision, Moreen is a happy, healthy and very active young girl.

# 12030 COLLECTIVE 11

TACKLING REGIONAL ISSUES REQUIRES
THE INVESTMENT AND SUPPORT OF
VISIONARY PEOPLE. EXCEPTIONAL
AUSTRALIANS WITH THE POWER,
INFLUENCE AND RESOURCES TO DELIVER
CHANGE ON A BROAD SCALE. ACROSS THE
PACIFIC AND TIMOR-LESTE, THE 2030
COLLECTIVE HAS THE OPPORTUNITY TO
OPEN DOORS TO BETTER HEALTH AND
WELLBEING FOR VULNERABLE WOMEN
AND CHILDREN.

## **PROGRAM OUTCOMES**



#### 562,500 MOTHERS AND CHILDREN WILL BENEFIT

from constant access to more nutritious foods, be protected from disease, and have use of essential medical services for better health management and the early detection and treatment of illness.



NEW WATER POINTS, TOILETS AND HANDWASHING

FACILITIES will give communities, schools and health centres access to improved water and sanitation facilities. Education programs will deliver better hygiene practices and knowledge for lasting change. Communities will enjoy the lasting health benefits of better waste management training.



THE ESTABLISHMENT AND DELIVERY OF TRAINING AND AWARENESS PROGRAMS in schools and

communities will create improved gender equality and a reduction in violence against women and children. Better economic opportunities for women will be delivered by financial literacy programs, the establishment of savings facilities and facilitation of greater influence in family and community decision making processes.



#### THE PRE-POSITIONING OF EMERGENCY RELIEF TEAMS.

implementation of community preparedness plans, establishment of early warning systems and creation of simulation exercises — combined with the mainstream inclusion of children and minority groups in emergency planning — will empower vulnerable groups, build resilient communities and reduce the impact of natural disasters and emergencies.



## HEALTHIER, Happier, Hopeful.

Two-year-old Moreen bounces gleefully on her mother's lap, her alert eyes watching all that is happening. She stops and screams excitedly, her gaze fixing upon a passing brown dog wagging its tail. After a few seconds, her curiosity satisfied, Moreen resumes her happy bouncing.

"I've been breastfeeding Moreen since the day she was born," says Moreen's mum, Gilda. "When she turned six months, I started giving her bananas, sweet potatoes and vegetables. But I continue to give her breast milk."

Gilda recently had a visit from Linsay Pokambut, a World Vision staff member, who encouraged her to continue breastfeeding and introducing healthy solid foods. Village health volunteers provide appropriate and timely information to mothers and their families through regular home visits.

"Sometimes, I worry about not having enough money and food for our growing family," Gilda says.

Almost 40 percent of the population in Papua New Guinea live below the poverty line. Low income families face the threat of chronic malnutrition. According to the United Nations Children's Fund, malnutrition is the underlying cause of most deaths of children under five in PNG. One child in 13 dies before the age of five. Nearly half the children of PNG are stunted (45 percent), and 14 percent suffer a form of wasting, a potentially life-threatening condition

This means that babies like Moreen may not stay healthy if parents and caregivers struggle to provide basic needs.

To reduce chronic malnutrition among children, World Vision, with the support of government partners, is implementing the Caring for Nutrition Project. Parents and caregivers learn correct feeding and health practices. This includes water, sanitation and hygiene education sessions for communities and schools.

"I remain hopeful for the future," Gilda smiled. "I wish for Moreen to be able to go to school and become a doctor and my second-born to be a teacher someday," she shared.

#### ANALYSING YOUR INVESTMENT

Work will be closely monitored and evaluated to track the quality, sustainability and progress made towards meeting our ambitious targets.

As an essential partner, you will receive regular progress reports, and can contact your Relationship Manager at any time for more detailed information. As a select member of The 2030 Collective, you are also encouraged to visit our projects in the field, seeing firsthand the life-changing impact you are making in the lives of vulnerable children and communities.









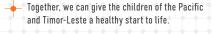


#### PART OF THE BIGGER PICTURE

This initiative will greatly contribute to achieving the UN Sustainable Development Goals for zero hunger, good health, clean water, sanitation, quality education and gender equality. Addressing these issues will help to eradicate extreme poverty in all its forms by 2030.

#### INVESTING FOR THE FUTURE

Embedding social change takes time. Our commitment to partner with communities for an extended period means we are accepted members of the communities in which we work. Our staff are mostly nationals with local knowledge, language and acceptance, making community engagement and program implementation infinitely easier.



# ‡ENVISION. CHANGE. REACH. ‡‡

Tackling the critical issues facing the health and wellbeing of the women, children and communities of the Pacific and Timor-Leste requires an ambitious plan. We need leaders with the resources, influence and vision to make it happen. As a select member of The 2030 Collective, you can make this possible. We will create significant, generational change benefiting thousands of families. If you believe women and children deserve a bright future, then commit to the goals of The 2030 Collective.

### INVEST WITH US. TOGETHER, WE WILL MAKE IT HAPPEN.





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